

Lemon Herb Vinaigrette

Juice of 3 fresh lemons

Zest of one lemon

1 cup of Extra Virgin Olive oil

2 T of Shallot, minced

1 clove garlic, minced

1 drop of Essential Oil (you may use Peppermint, Orange, Dill, Basil, Rosemary, Sage,
Savory or herb of choice)

Salt and Pepper

Fresh Parsley (or herb of choice that complements) optional